



BRUNCH

Served until 1pm

Small Cornish breakfast 12

1 egg and bacon, Kilhallon sausage, toasted brioche, mushrooms, beans, Hash brown, roasted tomato on the vine

Eggs Benedict 11

2 poached eggs, ham, hollandaise sauce, on toasted brioche

Smashed avocado 11

on toasted brown, poached eggs, roasted vine tomato

Duck eggs Florentine 11

2 duck egg, spinach, mushrooms, on toasted brioche

Flory scrambled eggs 14

2 free range scrambled eggs, turmeric, tomato, bacon, mushrooms on toasted brioche

The Full Cornish 15

2 eggs, 2 bacon, Kilhallon sausages, toasted brioche, mushrooms, beans, Hash brown, roasted tomato on the vine

Eggs Royale 13

2 poached eggs, smoked salmon, olives, hollandaise sauce, on toasted brown

Garlic mushrooms 9

red peppers, spinach, toasted brioche

French toast 9

bacon, maple syrup

SANDWICH BAPS

Served until 3pm

Brie and smokey bacon	11	Chicken, bacon, avocado, pickles	11
St.Ives Smoked salmon Chive & mint mayo	11	The Ultimate roast beef sandwich roast beef, smokey bacon, red pepper, Brie, horseradish mustard	12
BLT Kittows smokey bacon, tomato, mixed leaf, chive & mint mayo	11	Florys pulled pork in BBQ sauce	12
The great vegan  Kimchi salad, tomato	10	The Kilhallon Steakwich 4 oz rump steak, French mustard, chunky chips	16
Cornish cheese platter  GFA Cornish Brie, Camembert, Helford blue, marinated Padstow, Fowey Gouda, crackers & chutney	13.5		

OMELETTES

Served until 3pm

Cheese, bacon or mushroom	16
Served with chunky chips	

CHEF'S PASTA

Freshly made pasta **GFA**

Marisco Fresh fish, prawns & mussels	24	Carbonara Smoky bacon, cream & mushrooms	19
Albondigas Spanish meatballs in a spicy red pepper sauce	22	Add garlic bread	3

BURGERS

Flory beef burger Pulled pork, cheese, mushrooms, onions, BBQ sauce & alioli. Served in a bap with chips	19.5	Curried chicken burger Kimchi bacon, mint & chive mayo. Served in a bap with chips	18.5
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SET LUNCH MENU

Please ask for the set menu of the day. From 12-3pm only.

Two courses	26	Three courses	32
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BIG PLATES

Served until 3pm

Ale and battered fish n chips crushed peas, tartare sauce	18	Catch of the day GFA greens, samphire, Kiev ball, sauteed potatoes, beurre blanc sauce	28
Kilhallon 8oz Rump Steak and chips GFA mushrooms, greens	24	Squash, spinach, courgette Wellington squash, spinach, courgette, beetroot, broccoli, pickles, Parmentier potatoes, roasted red pepper & tomato sauce	25

SALADS

all salads have our salad dressing added

Cornish salad Cornish Fowey Gouda, bacon, mixed leaves, tomato, celery	12	Vegan Salad mixed leaves, peppers, tomato, spring onion, celery, Kimchi, beetroot, smashed avocado	14
Green Salad tomato, cucumber, spring onion, pickles, mixed leaves	9	Pitturinan salad tuna, tomato, Padstow Elli cheese, avocado, mixed leaves	15

SIDES

Chunky chips	5	Dauphinoise potato	5
Sautée potatoes	5	Mixed vegetables (seasonal)	5
Sweet potato wedges	6	Spinach & wild mushrooms	5
Cheesy chips	7	Dirty chips	7

KIDS CORNER

Freshly made cheesy pasta	12	Fish goujons and chunky chips	12
Kittow's sausage and chunky chips, broccoli	11	Small cheeseburger with chunky chips	12
Cornish toast eggy bread with maple syrup	7		

GFA Gluten free option available | Please let us know of any dietary needs.

PUDDINGS

All puddings & ice cream made here in our pantry kitchen

Sticky toffee pudding Caramel sauce & vanilla ice cream	9	Tiramisu Coulis & fruit	9.5
Belgium chocolate tart Pistachio ice cream & raspberry coulis	9	Vegan brownie Vegan caramel ice cream	8.5
Vanilla panna cotta GF Coulis & fruit	8.5	Trio of ice cream GF	7.5
Flory's chocolate & caramel entremet GF Vanilla ice cream & chocolate soil	9.5	Our renowned 5 cheese board GFA Including Helford Blue, marinated Padstow, Giel's Cornish gouda from Fowey, Cornish brie, camembert, crackers & chutney	13.5

CAKES

Toasted teacake, butter	4	Homemade scone, Cornish clotted cream, jam	5
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TAPAS

Served from midday until 9pm

Select any three dishes and get another one for free

Beignets chive & mint mayo	9	Prawns in garlic	10
Sticky beef, chilli jam	9.5	Homemade bread and olives GFA	8
Ocean bites, chive and mint mayo	9	Albondigas (Spanish meatballs in spicy sauce)	10
Pulled pork croquettes, aleoli	10	Chefs soup of the Day GFA	8
Cauliflower fritters	9	Crispy potatoe churros	7
Calamari, deep fried, chilli jam	10	Goats cheese mousse, beetroot 3 ways	9
Crunchy chicken in spicy sauce	9	Chefs pâté with homemade bread GFA	10

VOUCHERS

Looking for the perfect gift for a friend or family member? Look no further!

Treat them to an unforgettable dining experience with our vouchers,
allowing them to indulge in delicious meals at their convenience.